

NIGHTMARE MRS? LET US SORT IT OUT!

As much as we love women they can often be a royal pain in the jacksie, but help is now at hand for us long-suffering fellas thanks to the world's best agony uncle



We've all been there, whether you're at the football, working late or just enjoying a few ales with the lads - 'er indoors is convinced you're playing away. Before you know it she's cutting up your favourite polo shirt, microwaving your iPod and using your Xbox as a toaster. Yes, when the missus starts to lose the plot, you've got a bunny boiler on your hands.

Women gone nut-nut can make life a misery, but help is at hand thanks to a new book. *That Bitch* will help you spot a psycho before it goes Pete Tong and enable you to discover the secrets to undermining her bully-girl tactics.

We put author Roy Sheppard to the test with some searching questions from suffering loaded readers in desperate need of an agony uncle...



Greg, 24 Kent

After a mad night out when I was away travelling I ended up back at the bunkhouse with a game girl. I woke to find her wooden arm on the floor next to the bed. The next thing I know she's on top of me holding me down with her stump. We had fun, but she's got my number and won't leave me alone! I don't want to hurt her feelings, but I'm being stalked - what can I do?



Roy says: She's probably 'armless. But seriously, the thing to remember with stalkers is that you should avoid any contact with them. Don't give them anything they can use against you. It's like chucking petrol on a bonfire. Retreat to a safe distance.

Royce, 31 West London

I pay for everything for my missus. Every drink, dinner, even her new clobber. I'd like this to change, so



how can I get my girlfriend to pull her finger out once in a while... and her purse?

Roy says: In a bid to impress, you've wined and dined her so much that she expects it. Women are always banging on about equality so stop flashing the cash and put her to the test.

Terry, 31 Bromley

My bird is always "at the gym". I think she's up to something but when I ask her she says she needs "space".



How can I confront her on this?
Roy says: You want her more than she wants you. You're being too needy and she's either using the gym as a power play to reel you in or she's just not into you much. Take a step back and see how she reacts. If she's not bothered your relationship is over.

Nick, 21 Nottingham

I seem to go out with malicious girls who end up bossing me around. How can I learn to spot these nutters before I get in too deep?



Roy says: Women with no conscience look for a soft touch. Don't think, "Anything for a quiet life" - you're setting yourself up for a fall. Sociopathic women try and make you feel sorry for them. If you meet a girl who tries this from the off, be warned.

Dave 35, Kent

My missus told me some bloke gave her his number and that she was going to keep it for when we split up. She's frying my brain! What can I do?



Roy says: Due to her lack of self esteem she puts you down to lift herself up. Either you're not giving her the attention she craves or, if you're a doting boyfriend, she's a woman who'll never be satisfied.

Don't fancy yours much!

